

# **CA Promise**

## ***Four Year Pledge Program***



**SAN DIEGO STATE  
UNIVERSITY**

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Division of Academic Affairs -  
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# What is the CA Promise (CAP) Four Year Program?

- The CA Promise Four Year program is a CSU (System-wide) initiative to support first year students to earn a degree in no more than four years, provided you pledge to, and follow, specific requirements.
- Open to majors listed on our SDSU CA Promise Four Year Pledge Program [website](#)

# Why Pledge to Graduate Within Four Years?

- Save \$\$
  - Graduate sooner - save on additional tuition and book costs
  - Higher earning potential with your credentials
- Increase your earning potential
  - Enter the workforce sooner

**CONDITIONS TO STAY IN THE  
CA PROMISE FOUR YEAR  
PLEDGE PROGRAM**

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# CA Promise Four Year Pledge Conditions

- Be a CA resident for purposes of in-state tuition eligibility
- Have an initial advising meeting with your major adviser to approve your fall 2020 academic plan if you still have questions
- Meet with your major adviser every semester thereafter. Let your major adviser know you are in the CA Promise program.
- Maintain good academic standing
  - 2.0 or higher
    - Cumulative
    - Campus GPA
    - Major GPA

## CA Promise Four Year Pledge Conditions(cont'd)

- Remain in your CA Promise major you were admitted to. If you switch out, you are no longer eligible to stay in the program.
- Complete a minimum of 30 adviser approved units per academic year
  - Includes summer sessions
  - Students are encouraged to take summer session courses to stay on track
  - Consult with the Financial Aid Office & Scholarships regarding aid for summer school
- [Apply](#) for May or August graduation six months in advance

**CA Promise Four Year Pledge**  
**BENEFITS**

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# CA Promie Four Year Pledge - Program Benefits

- Additional advising services and connections to mentorship programs
- Elevated (improved) registration times within your group
- Individual and small group mentoring
  - Receive special invitations to virtual mentoring sessions



# HOW TO SIGN UP and DEADLINE

- Students will be directed to the [online application](#)
- Register by Monday, September 7, 2020

**YOU CAN DO IT!**

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# As a new SDSU CA Promise student, do the following :

- Schedule an appointment with your [major adviser](#) before you register for classes every semester and demonstrate progress completing approved major coursework every semester
- Understand how to read your [Degree Evaluation](#)
- [Meet with a main campus academic adviser](#) if you have questions about your GE courses, policies, procedures or non-major graduation requirements
- [Activate your Career Services Handshake Account](#) to connect or prepare for future employment opportunities

# ADVICE FOR SUCCESSFUL TRANSITION TO SDSU

- Your overall [health and well-being](#) is your first priority
- [Seek help](#) throughout your SDSU undergraduate studies - we want to help you!
- Meet with your professors during virtual office hours for help or to connect to peers in your class
- Utilize a system (e.g. planner, online calendar reminders) to track important class and [campus deadlines](#)
- Develop strong time management skills early on - re-adjust early
- Utilize the [free Writing Center](#)
- Maintain a healthy Work-school-life balance
- Prepare for an increased homework load (reading, writing, critical thinking etc)
- Attend [supplemental instruction](#) (see the list of courses for additional academic enrichment/support/tutoring)

# **IMPORTANT SDSU DATES**

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# IMPORTANT FALL 2020 REMINDERS

9/4/20            [Add/Drop Deadline](#) and other fall 2020 deadlines

October            Advising Month - Meet with your [major adviser](#) before  
October ends

Nov 26-27            Thanksgiving Holiday

Dec 11-17            Final examinations

# GRADUATE SCHOOL PLANNING

- Reflect on your why
  - I want to attend graduate school because...
  - Career Advancement? Is an advanced degree required?
- [Major Adviser](#)- major advisers are experts for graduate school planning
- [Graduate & Professional School Fair](#) (October)

# PRE-PROFESSIONAL ADVISING

- [Directory of Pre-Professional Advisers](#)
- Pre-medical, Pre-dental, Pre-Veterinarian
  - Health Professions Advising Office (College of Sciences)
- Pre-Law Advising
  - (Political Science Department)
- Pre-Physical Therapy
  - (Kinesiology Department)
- Major Adviser
  - [Major adviser directory](#)
- Professional Association Websites (Google A Professional Association in Your Discipline)





# **ONLINE RESOURCES SUMMARY**

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# ONLINE ADVISING & COURSE PLANNING RESOURCES

- [Web Portal](#)
- [Degree Evaluation](#) (you will have access in July at new student orientation)
- [My Map](#)
- [General Catalog](#)
- [Class Schedule](#)
- [Major Adviser Directory](#)
- [Academic Calendar](#)



# SDSU ACADEMIC ADVISING CENTER HOURS

## Virtual Academic Advising Sessions

**Monday–Thursday, 8:30–11:30 a.m. and 1–4 p.m.**

**[https://advising.sdsu.edu/advising/seeing\\_an\\_adviser/virtual-advising](https://advising.sdsu.edu/advising/seeing_an_adviser/virtual-advising)**

# VIRTUAL STUDENT RESOURCES WEBSITE

## Virtual Student Resources

<https://virtual-academic-help.sdsu.edu/>

**I AM READY TO PLEDGE TO  
GRADUATE WITHIN  
FOUR YEARS**

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# I WANT TO PLEDGE TO GRADUATE WITHIN FOUR YEARS

**Complete our online application on or before  
Monday, September 7, 2020**

[CA PROMISE 4 YEAR ONLINE APPLICATION](#)

**CONTACT**

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# **CA PROMISE FOUR YEAR PLEDGE QUESTIONS**

**For questions about the CA Promise Four  
Year Pledge program, email**

**Assistant Dean Michelle Lopez**

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**THANK YOU**



**SAN DIEGO STATE  
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